

## Medications to be Discontinued Prior to Surgery

### Discontinue any of the following at least 3 weeks prior to your surgery.

- Black Cohosh
- Echinaces
- Fiorinal
- Garlic
- Ginger
- Ginkgo Biloba
- Ginseng
- Kava
- Milk Thistle
- Multi-Vitamin
- Saw Palmetto
- St. John's Wort
- Valerian
- Vitamin E
- Green Tea

### Discontinue any of the following at least 7 days prior to your surgery

- **Aspirin** – any type or form example: Ecotrin®, Empirin®, Bayer®, ASA or Anacin®
- **N'SAIDS** –
- Advil®
- Motrin®
- Nuprin
- Ibuprofen
- Naproxyn
- Aleve®
- Naproxen Orudis
- Ketoprofen
- Ansaid
- Flurbioprofen
- Relafen
- Feldene
- Piroxican
- Keatorolac
- Diclofence
- Disalcid
- Clinoril
- Sulindac
- Nambumetone
- Lodine
- Etodolac
- Voltaren
- Salsalate
- Trillisate
- Daypro
- Oxaprozin
- To;ectin
- Tolmentin
- Toradol
- Cataflam
- Salflex

**Tylenol® or Acetaminophen is safe to use prior to surgery**  
**If you are taking Coumadin® or Plavix®, stop as advised by your doctor**