

Title: SELECTION CRITERIA

Policy Type: Patient Care

Effective Date: 02/2009

Review Date: 09/2025

Purpose Statement:

To provide selection criteria based on health status, the procedure's complexity and potential risks to ensuring patients are suitable for the Moreland Surgery Center (MSC).

Definitions:

N/A

Policy

- 1) Patients should be in generally good health, or have stable, chronic medical conditions
- 2) The physician should discuss any questionable cases or exceptions with the Medical Director, or designee, prior to the procedure.
- 3) The following conditions are generally regarded as unsuitable for ambulatory surgery and anesthesia is available to review any patient for suitability:
 - a) Weight and Mobility
 - (1) Body Mass Index of > 45, with the exception of local anesthesia or monitored anesthesia care (MAC) for ophthalmic procedures where the BMI will not exceed 50
 - (2) Patients must be able to bear weight, pivot, transfer and/or ambulate with minimal assistance regardless of BMI.
 - b) Age
 - (1) Patients less than six (6) months of age due to size of equipment and need for extended post-operative monitoring for this young population will not be treated at the MSC.
 - (a) Minimum of three (3) years allowed for children with airway procedures, i.e., tonsillectomy with or without adenoidectomy, and other procedures.
 - (b) Minimum age of two (2) years allowed for adenoidectomy.
 - (c) Children from six (6) months to one (1) year of age may be treated for minor procedures based on selection conditions approved by the Medical Director, i.e., tympanoplasty and tube placement.
 - (d) No maximum age limit
 - c) History
 - (1) Known diagnosis or family history of malignant hyperthermia (MH).
 - (2) Patient with known myopathies, i.e., pseudocholinesterase deficiency.

- (3) Known history of difficult intubation during a prior surgery.
- (4) Known history of combativeness or requiring restraint, pediatric or adults.
- (5) Have suffered a significant illness requiring ongoing treatment and not stabilized, i.e., angina, asthma, diabetes.

d) Infections

- (1) Patients requiring isolation may not have surgery at the MSC.
- (2) Positive for multi-drug resistant organism (Carbapenem Resistant Enterobacteriaceae (CRE), Methicillin Resistant *Staphylococcus aureus* (MRSA), Vancomycin Resistant *Enterococcus* (VRE) or other MDRO's) or that require isolation.
- (3) History of *C. difficile* with diarrhea and/or loose stool
- (4) Any acute illness, especially communicable diseases that may spread to other patients, i.e., chicken pox.
- (5) Children with upper respiratory infections (URIs) are a special case and usually acceptable provided they do not have bronchitis, a productive cough, or fever.

e) Cardiac

- (1) Within the last six (6) months suffered myocardial infarction, angina at rest or episode requiring treatment in an emergency department (ED) or admission to a hospital.
- (2) Pacemaker where the procedure is superior to the umbilicus.
- (3) Implantable Cardiac Defibrillators (ICDs), excluding cataract extraction procedures.

f) Other

- (1) ASA IV are not ordinarily candidates for ambulatory surgery and have a higher risk for complications.
- (2) Acute intoxication, drugs or alcohol.
- (3) Pregnancy

Procedure:

- 1) A registered nurse (RN) will attempt to review the patient's clinical record prior to day of surgery.
- 2) If any conditions listed above are noted, anesthesia will be asked to review for appropriateness.
- 3) An *Anesthesia Chart Review* form will be completed, anesthesia provider comments communicated and the form scanned into the patient's clinical record.

References:

Accreditation v43.1 Handbook for Ambulatory Health Care, Category ASG Anesthesia and Surgery, 2024 Edition

Centers for Medicare & Medicaid services, HHS 42 Appendix L, §416.42(a)(1)(i) Standard: Anesthesia Risk and Evaluation (Rev. 215, 7-21-2023)

Owned by:

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Revisions:

09/2025; 05/2025; 12/2022